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## INSTRUCTIONS FOR AUTHORS

**The Pakistan Journal of Surgery accepts manuscript in accordance with the “Uniform requirement submitted to the Bio Medical Journals” published in the British Medical Journal 1991; 302: 334-41.**

### **MATERIALS FOR PUBLICATIONS**

Pakistan Journal of Surgery (PJS) invites papers on clinical experimental, research and historical topics pertaining to surgery, its sub-specialities and allied fields.

### **EDITORIAL POLICY**

Following categories of papers may be published:

**Original Articles:** These articles present new, valid and relevant investigations into the aetiology, pathology, diagnosis and treatment of surgical diseases, if it shows original research work relevant to surgery in a formatted form. It should be between 2000 to 2500 words with no more than three tables or illustrations and the total number of references cited should be between 20 to 40. The abstract should consist of no more than 300 words with 3 to 10 appropriate keywords.

**Case Reports:** These must be of educational value, and stress unusual features of diseases. They should consist of unstructured abstract of between 100 to 150 words with 3 to 10 keywords. It should have the following headings: Introduction, Case Report, Discussion and References. The length of the case report should not be more than 1000 words.

**Ideas and Innovations:** These must contain reports of original, hitherto unreported techniques or modifications of existing procedures. Short reports on new instruments invented by authors are also welcome.

The manuscript submitted should not be more than 1500 words with 3 to 5 photographs or illustrations.

Other categories acceptable are:

**Review Articles, Articles on Medical Education, Commentaries, Materia Non-Medica, Letters to the Editor.**

Detailed instructions on the above categories are available on the Journal's Website.

All materials/data used during the study and for preparation of the manuscript should be retained by the authors as this can be requested by the editorial board during the process of peer review and also following publications of the article if need be.

### **PREPARATION OF MANUSCRIPTS**

The manuscripts should be typed in double spacing on A-4 size and should not exceed 20 pages, excluding the tables and references. There should be no more than 40 references in an Original Article, and not more than 100 in a Review Article. The title of the paper should be followed by the full name, degree(s), designation, hospital and medical college affiliation, hospital address, and the source of grant if any through which the research was carried out. The name, address, phone numbers and E-mail address of the person to be approached for reprints and correspondence should also be mentioned.

**Abstract:** should follow the title and should be structured with the headings

of Objective, Study Design, Setting and Duration (institution where the study was carried out), Methodology, Results, Discussion, Conclusion.

**Key Words** (Indexing terms): Below the abstract 3-10 key words or phrases should be added, that will assist the indexers in cross indexing your article. The key words used should be terms from the Medical Subjects Headings (MeSH) list of the Index Medicus.

**Introduction:** should acquaint the readers with the problem being discussed, the nature and the purpose of the work, and brief mention of relevant literature.

**Methodology:** The clinical, technical or experimental procedures should be described. Previously published method(s) should only be cited as a references.

**Results:** These should be presented in a logical sequence in the text, tables and illustrations. All the data in the tables should not be repeated in the text; only important observations should be emphasized or summarized.

**Discussion:** This should include the author's comments on the result, supported with contemporary references, including arguments and analysis of identical workers. Do not write a summary. Brief acknowledgment may be made at the end.

**Conclusion:** This should highlight new findings arising from the study based on the objectives.

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**S.I.Units:** System International (S.I.) unit measurements should be used. All drugs/sutures/materials must be mentioned in their generic form. The commercial name if essential, may be mentioned within brackets.

**Figures/Photographs:** Should be sent only when data cannot be expressed in any other form. They must be unmounted, glossy prints in sharp focus, 5 x 7" (12.7 x 17.3 cms) in size. They should be in black and white, if colour photos are essential, their cost of printing will be borne by the author(s). The number of the figure, the name of the author(s) should be printed on the back of each figures/ photograph. These figures and photographs must be cited in the text in consecutive order. Legends must be typed on a separate sheet of paper. Legends for photomicrographs should indicate the magnification, internal scale and the method of staining. The photographs in published articles will not be returned. Permission to reproduce the photographs of patients whose identity is not disguised should be sent with manuscript, otherwise the eyes will be covered. Digital photographs with a minimum resolution 300 dpi (TIFF, JPEG) will be acceptable. Photographs of X-rays, CT scan MRI, Mammograms and Pathology Slides will only be acceptable in digital format. The scan be attached to E-mail or submitted on CD.

**References:** Should be numbered in the order in which they are cited in the text. At the end of the article,

the full list of (unless they are more than six, when only the first three should be given followed by et al) the authors' names are followed by the title of article; the title of the journal abbreviated according to the style of the Index Medicus (see "List of Journals Indexed" printed yearly in January issue of Index Medicus); e.g. Hall RR. The healing of tissues by CO<sub>2</sub>-laser. *Br J Surg* 1971; 58: 222-225. References to books should give the names of authors/editors, place of publication, publisher, edition and year. The author must verify the references against the original documents before submitting the article. All references cited should be in Vancouver Style. We recommend at least three references from Pakistan Journal of Surgery and three references from other scientific journals of Pakistan.

### SUBMISSION OF MANUSCRIPT

The manuscript should be submitted by registered post, or courier service in triplicate on a Compact Disk (CD) in Microsofts Word format, along with an undertaking that the same has not been submitted to any other journal for publication. Submission can also be made via e-mail to the Editor.**Prof.**

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As per new PMDC direction the original author should submit the role of each co-authors in bringing up the article. The authors also directed to write down the conflict of interest if any. All authors should remember that after submission of their article, article is being reviewed by two reviewers and subsequent correction be carried out on the recommendation of the reviewers. In some cases reviewers may ask to rewrite the article. the editorial board has the authority to reject any article which they think is not publishable.

### NOTE

**As per decision of the Central Council of the Society of Surgeons of Pakistan, the authors of accepted articles will be charged a token fees for the processing and printing of their articles.**